

Name:.....

Date:.....

\*\*\*\*\* A Plastic Ocean \*\*\*\*\*

Documentary question sheet

Full film available on Amazon Prime Video or [www.plasticoceans.org/film/about.html](http://www.plasticoceans.org/film/about.html)

	Questions	Answers
1.	How long can blue whales stay under water?	
2.	In the last ten years we have made more plastic than in the.....	
3.	How did the whale die?	
4.	How many litres of water does the whale take in, in one mouthful?	
5.	A. How many gallons of oil are used per year to supply plastic <u>water</u> bottles for just the United States of America? B. What percentage are only used once?	A. B.
6.	What has happened to every piece of plastic that has ever been made?	
7.	How much plastic leaks from land based sources?	
8.	How many million tons of plastic is dumped into the world's oceans every year?	
9.	What is the ratio of plastic to plankton in the Mediterranean?	
10.	What did they find on the bottom of the Mediterranean?	
11.	How many trillion pieces of plastic are afloat in our oceans worldwide?	
12.	What is the truth behind the myth of the floating island of plastic?	
13.	What sticks to micro plastics?	
14.	What is a nurdle?	
15.	Plastic doesn't break down it.....	
16.	What bodily processes do the endocrine disruptors interfere with?	
17.	Why did it look like it had snowed on the beach?	
18.	Did Sinopec respond well to their plastic being spilt? What did they do?	
19.	Why won't the supermarkets buy the fish?	

20.	What came up in the bird's sick?	
21.	A. What is the record number of pieces of plastic inside this species of bird? B. What % of the body weight was it? C. How old was the bird?	A. B. C.
22.	What do the kids do instead of go to school?	
23.	What does the man think will solve the plastic problem?	
24.	What destroyed the paradise?	
25.	How can the Navy's plasma torch help islands in the Pacific?	
26.	What % of Americans over 6 years old have detectable levels of BPA in their bodies.	
27.	Can we trust BPA free plastics?	
28.	What does he do in all the restaurants?	
29.	What does Lidl do with plastic bottles?	
30.	What has Rwanda done? Why?	
31.	What is the Plastic Bank?	
32.	What happened to the Bristol run's plastic bottles?	

### TAKE ACTION

## Rethink - Refuse - Reduce - Repurpose - Reuse - Repair - Rot - THEN - Recycle

- Talk to your friends, family & community about how you can [reduce plastic consumption](#) in your home, school or workplace.
- Everyone knows plastic waste is bad for the environment, but what this documentary also shows is that it is bad for us to consume (drink or eat) things which have been stored in ALL plastics (BPA free plastic too) and particularly plastics combined with heat. They are impacting human growth, metabolism, reproduction and early development.
- However, we also have to recognise the incredible and important use of plastic for hygiene and [medical purposes](#) where it is very [necessary and saves lives](#).
- The aim is to only use plastic where is it this necessary and reduce it elsewhere.
- Some ideas: use [reusable metal](#) or glass drinks bottles, instead of single use plastics or even multiuse plastics because this "seeps" into your body over time!
- Use metal or glass containers or your usual kitchen wear instead of plastic Tupperware to store foods, particularly do not heat things in plastic or store hot foods in plastic.
- Use cloth bags for shopping and you can get little ones for vegetables and fruit too.
- Do you already do these things? Can you think of anything else?

